



## THE GRATEFUL KOI

### Reiki Treatment Policy

#### **Background and Training**

Danielle has been practicing Reiki since 2018, receiving her Practitioner's certification in 2019. She has trained with Reiki Masters from California and Arizona and is a Registered Reiki Practitioner with the International Association of Reiki Professionals. Danielle is also a Certified Advanced Angel Practitioner, Certified Medium, and holds a B.S. in Business-Healthcare Management from Western Governor's University. Danielle is also a Licensed Certified Pharmacy Technician within the state of Arizona. Danielle specializes in working with people of all ages who wish to utilize Reiki for general wellness, stress-reduction, and specific discomfort.

#### **Who Can Benefit**

Reiki can be used for general wellness as well as for specific issues Reiki works by assisting to reduce stress, which in turn may create an environment within the client's body where healing may more easily be facilitated. Danielle has had great results working with clients to release emotions and energy related to traumatic events, problems related to excess tension build up, and chronic pain. In addition to working with pain and tension problems, Reiki may be effective for people who suffer from chronic headaches, insomnia, fatigue, and emotional or energetic blockages. These are areas in which Danielle has an exceptionally strong competency.

Reiki is also sometimes used as an adjunct to certain medical conditions on the recommendation of a physician or other health care provider (e.g., high blood pressure, anxiety, or stress).

#### **Client/Practitioner Expectations**

The first session begins with a brief interview and client intake forms. The client may be asked a series of questions so that Danielle may plan the most beneficial session/series of sessions for the client's specific needs. Please keep in mind that privacy and confidentiality are maintained at all times. Danielle subscribes to the IARP Code of Ethics as posted in the treatment room of The Grateful Koi. A Reiki session is performed on a massage table and the client always remains fully clothed.

A Reiki session usually starts with the client lying face up resting comfortably. Danielle will complete preliminary energetic scanning and application of the standard Reiki hand positions. If specific areas are identified during preliminary scanning or by the client, special focus will be given to these areas/issues. For a general stress-reduction session, the head and torso are worked on first, followed by the back and sometimes the feet.





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Clients may also ask for specific parts of the body to be worked on, or not worked on, and are encouraged to discuss this with Danielle at the beginning of the session. If the client does not wish to be physically touched during the Reiki session, Danielle will gladly accommodate this Request. Reiki energy will continue to flow throughout the treatment session without the need for physical touch.

During the session, clients are encouraged to relax and inform the practitioner if anything makes them uncomfortable, either physically, or psychologically. Please feel free to talk freely and openly regarding feedback during the session. If at anytime the client becomes uncomfortable, they are encouraged to bring this to the attention of their practitioner as soon as possible.

### **Right to Refuse Service**

- The Grateful Koi reserves the right to refrain from working on a person who is under the influence of alcohol or drugs. If service is refused at that time, the appointment may need to be rescheduled and the \$25 late/rescheduling fee may apply.
- Sexual harassment is not tolerated. If the practitioner's safety feels compromised, the session is stopped immediately and the practitioner reserves the right to refuse future treatment.

### **Virtual/Long Distance Reiki Treatment Sessions**

All sessions are 30 minutes long and consist of a 5-10 minute consultation with 25-20 minutes of reiki treatment. The practitioner will contact the client at the scheduled time to let them know the treatment session is about to begin. Clients will be asked to sit or lay down and relax during the session. Clients must ensure they will not be driving, operating heavy machinery, or performing other dangerous actions during the treatment period. It is also recommended to have a blanket available to help regulate temperature if necessary. During the session the practitioner will remotely tune into and scan the specific energetic needs of the client. Afterwards, the practitioner will begin the treatment process. Since Reiki is a hands-on or hands-off energetic healing modality, Reiki energy will be effective, despite the physical distance between the client and practitioner.

### **Appointment Policies**

- Each in-person reiki session is 60 minutes long. This consists of a 10-15 minute consultation and a 50-45 minute treatment.
- The first appointment, which includes a history and preliminary assessment may last approximately 75 minutes. Please plan accordingly and arrive 15 minutes prior to your first session to accommodate.
- If a client is late for a treatment session, the session still falls within the 60-minutes allotted time slot.





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- If the practitioner is late, the session may either last the full 60 minutes, or a credit may be issued to the client for a future session.
- If the client would like to cancel an appointment, they must do so at least 24 hours in advance, or a \$25 rescheduling fee will apply.
- Cancellations may be completed online, by email ([gratefulkoi@gmail.com](mailto:gratefulkoi@gmail.com)), or by phone via text or phone call to (602) 323.6866.
- All in-person appointments occur at The Grateful Koi studio located in Peoria, AZ.
- Reiki Treatments are performed Monday – Friday from 10 AM to 6:00 PM. I also hold extended hours on Monday evening until 9 PM.
- I will make every effort to respond to calls, texts, emails and online inquiries within 24 hours unless I am out of town. Please subscribe to my mailing list to ensure scheduling updates are received.
- I do not perform house calls.

### **Fees**

- If during my assessment I determine with reasonable certainty that my work won't help you, we will end the session at that time and you won't be charged for the initial appointment.
- All in-person Reiki sessions are \$105.
- All virtual Reiki sessions are \$65.
- Payment is due at the time the appointment is booked.
- Cancellations or rescheduling requests made without 24 hour notice are subject to a \$25 rescheduling fee.
- Accepted payment forms are Zelle, Paypal, Credit/Debit Cards, PayPal, Apple Pay, Venmo, Cash App, Cash, and Gift Cards from The Grateful Koi.

### **Professionalism**

- Our profession ascribes to a code of ethical behavior, which is available upon request and posted within the treatment room of The Grateful Koi studio. The Grateful Koi follows all of the statements within this ethical code and has strong beliefs that practitioners and their clients shouldn't engage in intimate social relationships.
- Personal, physical, and professional boundaries are respected at all times.
- To abide by ethical and legal requirements and facilitate client safety and well-being, The Grateful Koi only performs services for which they are qualified (those which are professionally, physically, and emotionally in-scope), and will otherwise refer to appropriate specialists or medical professionals when necessary.
- Treatments will be customized to meet the needs of the specific client.
- Treatments will be documented with changes reviewed before each session.
- The Grateful Koi respects and values all clients regardless of their age, gender, race, national origin, sexual orientation, religious beliefs, socioeconomic status, body type, political affiliation, state of health, and personal habits.

